

MATERNAL & CHILD HEALTH

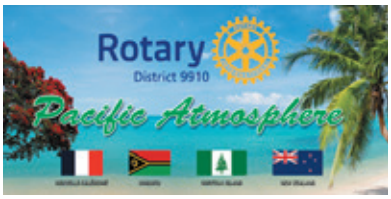
Rotary

APRIL 2021



Elaine Mead and Peter Garnett

Greetings everyone; Kia ora koutou; Bonjour à tous; Halo evriwan; Watewieh yorlye



Rotary Opens Opportunities

"What a swell party that was" – apologies to Cole Porter for the slight paraphrase.

What more can I say? People, Passion, Sustainability. The District Conference was a great success. Peter and I had a lot of fun (once things got underway) and it was very satisfying to see the hard work beforehand unfold into an engaging and informative event.

Many thanks to my conference team, the Rotary Westhaven attendees who helped out during conference and our wonderful MC, Dame Diane Robertson, who linked it all together so well. I would also like to acknowledge all the conference attendees who made the trip north and helped make the conference so enjoyable.

As 2021 is the centenary of Rotary's introduction to Australia and New Zealand I felt we needed to 'Honour the Past' as well as look forward to 'Building the Future'. At the same time, I wanted to highlight the Environment. Not only is it a new Area of Focus for the Rotary Foundation from 1 July it is also a topic of significance for our current and future generations.

Day One was about where we have come from and what has been done in some clubs this year. It was an opportunity to review our history and wonderful to be able to acknowledge our Past Governors. The link to history was reinforced with Abilities Group, a Rotary initiative established in 1959. Day Two was about moving forward, adapting and the opportunities available through Rotary.



All of our speakers were people of passion. Passionate about their topic, the opportunities available and the possibilities. I was delighted to be able to recognise several with Paul Harris Fellows. The displays reflected the same passion and sense of sustainability, from the environment with ***Project Island Song*** to education with the ***District Literacy Committee*** and ***Rotary National Science and Technology Forum*** and disaster assistance with the ***Emergency Response Kits (ERKS)***.

Presentations on the Australasian centenary project ***Give Every Child A Future*** and Rotary Birkenhead's centenary fundraising project to assist Cure Kids with research on rheumatic fever, ***www.enditnow.org.nz*** linked nicely with April's Rotary theme of Maternal and Child Health.

Whilst it is never quite the same as 'being there', you can watch livestream videos of the conference sessions on the Rotary District 9910 Facebook page ***@RotaryDistrict9910***. You can find the videos under 'More' or by using the Search (magnifying glass icon) for the page and typing 'conference'. There are four videos for the conference sessions held before and after morning tea on Saturday and Sunday.

Conference photos and copies of those speaker presentations we are able to post can be found on the conference website ***www.rotaryconference9910.org.nz***. Please note, some of the special Rotary discounts arranged for local activities and dining are on offer until **20 December 2021**. There is another round of school holidays before then so check them out!!

Elaine Mead
Governor - District 9910
2020-2021

Rotary | D9910 Conference 2021
People. Passion. Sustainability.
He Tangata. Te Ihi. Toitū te Ao.
Honouring the Past - Building the Future

Conference Buzz

Thanks to Bill Horne (Rotary Henderson) for capturing our conference moments. This is a small selection and there are lots more now loaded and available for download on the conference website ***www.rotaryconference9910.org.nz***



Friday 9th April



















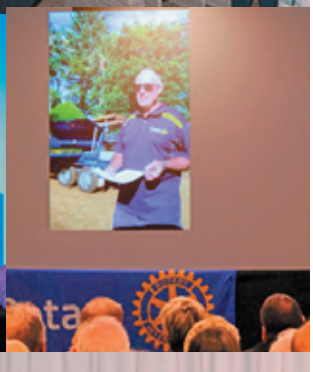




Saturday 10th April



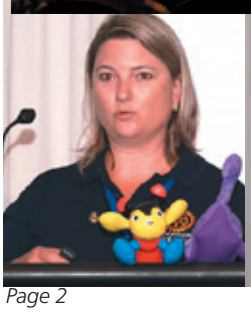

















2020-21 President
PROMOTE PEACE
WELCOME
Rotary
VOLUNTEER ARMY
Sunday 11th April
HOLGER KNAACK
2020-21 President
Rotary International
Rotary
District 9910
Pacific

Conference Summary



Dr Marie Doole gave an inspirational presentation on Waste Management and the Circular Economy. What could have been a dry topic was bought alive by the possibilities of reducing waste and turning waste into reusable materials e.g. tyres and plastics. There was an emphasis on the role we all play, and the importance of continuing to address issues of sustainability. She was part of a Group Study Exchange team to District 3180, Karnataka, India in 2009, sponsored by Rotary North Harbour

Sourced from the Rotary North Harbour bulletin



Abilities Group's **Peter Fraher and Geoff Pownall** from Rotary Takapuna bought us up to date with the work that Abilities is doing locally, nationally and internationally. This was a reminder that this was a Rotary initiative all those years ago, and that it still plays a vital role in recycling materials and reducing wastage. They potentially have a contract to pack 40,000 plastic bags per day – any helpers? Abilities Group showcased at the District Conference urged people to….. Get rid of your E-Waste, appliances, batteries, polystyrene, cardboard on the 8th May 2021. We need less rubbish going into our landfills. Any questions contact Geoff Pownall 021669132 or Peter Fraher 0272292250

Sourced from the Rotary North Harbour bulletin



Charlie Thomas provided an informative and inspirational address on her time as a volunteer for an environmental restoration project on Kure Atoll. She is also a photographer and artist so was able to provide context for her lock-down experience which extended her time on the atoll to 9 months of solitude and research.

Sourced from the Rotary North Harbour bulletin



The Seabin project is to close to home. Led by **Hannah Stoddart** of the **NRG - Next Rotary Generation Club**, the bin will filter debris so that it does not end up on Milford Marina. Plans are in action to organise the emptying of the debris and tals have begun with local schools and community groups. Money is needed – a good project to support. Hannah was also Conference Co-Chair for the District Conference. The conference was amazing, with inspirational speakers.

Sourced from the Rotary North Harbour bulletin



Sheridan Waitai of Ngāti Kuri. Te Ara Whanui was an amazing speaker and spoke about regenerating the flora within the Northland area within which she works. They have completed DNA analysis of their flora and fauna and identified they are more aligned to Australia than NZ. They have received $13.5 million for a research project which involves **Rangitāhua (Kemadec Islands)** and their young people the 4thGen, in redefining what sustainability means for their hapu and iwi. They are germinating plants that are near extinction in order to reintroduce them into their landscape in a sustainable way. She is a strong advocate for the **Rangitāhua** proposed Sanctuary and coordinates a range of relationships for Te Moananui-a-Hivaa collective of Island nations and scientists in the Pacific Continent to create more marine reserves. More locally she founded Taiātea, a collective of ocean voices that put mana whenua at the heart of sustainable ocean solutions.

Sourced from the Rotary North Harbour bulletin

Dr Malvindar Singh-Bains was a nominee for Young New Zealander of the Year in 2015 and 2016. She is undertaking brain research at Auckland University with a focus on Huntington's Disease. Her research has been acknowledged internationally and is being used to progress research and finding ways of using gene technology to reverse the symptoms. They are not there yet. Malvindar is a Research Fellow at the University of Auckland Centre for Brain Research, currently focusing on brain inflammation and the build-up of disease-causing proteins in conditions including Huntington's and Alzheimer's Disease. She founded and is co-chair of the Huntington's Disease Youth Organisation of New Zealand. She is a strong advocate for disseminating scientific information to the public and has used a variety of media and community channels to advocate for brain health.

Sourced from the Rotary North Harbour bulletin





Long-time weaver and propagator of pīngao, **Betsy Young**, was recognised with a Paul Harris Fellowship by Past Governor Jerry Norman in 2019 for her unwavering passion to reverse the decline of the pīngao. A plant species endemic to Aotearoa, pīngao was once widespread but has suffered greatly with the introduction of pest species and animals. Betsy contributes to many environmental activities in Northland including the replanting of pīngao along the Ninety Mile Beach and often teaches in classrooms about the importance of pīngao and its relationship with the endangered Toheroa. She also ran a pingao weaving workshop. High interest meant we had to double the numbers for the workshop. It was a great success.

Sourced from the Rotary North Harbour bulletin

The **Rotary Henderson** presented their Waitakere Hospital Pond Project where they turned an overgrown pond on the hospital site to a fabulous area of walking paths and seating for both staff and patients to use.

Tazmina Crisp presented the **Rotary Whangarei South** "Everything's Coming Up Orchids" project where they were offered the chance to clear an orchid property containing 7000 flowering orchid plants, ready for sale. Through hard work and community collaboration they sold orchids for $5 each; gave them away to other groups for their fundraising; supplied the quarry gardens for planting; up cycled and recycled the glass house materials.

We also heard about a **Rotary Westhaven** water and sanitation global grant in Nepal where all six Rotary Districts in New Zealand, for the first time in history came together and contributed $US65,000 through club and district grant money. The Rotary Foundation contributed $US62,000 as a match to provide the $US127,000 needed for the project.

Jackie Hinchcliff gave a presentation on the Rotary centenary initiative "Give Every Child a Future". This project provides the funding for 3 vaccinations and services for 9 Pacific countries in collaboration with UNICEF. The are critical rotavirus and pneumococcal vaccines given to young children and the HPV vaccine given to pre-teens to target the types of HPV responsible for cervical and other HPV-related cancers and 90% of genital warts. The project funds cover vaccines, cold chain equipment to store the vaccines, IT equipment for the recording of vaccinations, standard operating procedures, and training. Rotary's commitment is $4.5 million over 3 years with a goal of vaccinating 100,000 children within the three-year timeframe of the project. 9 global grants have so far contributed $2.2m. The cost is $45 per child and club members and clubs are being encouraged to donate to this important initiative. ***everychildafuture.com***

We heard from President Jenny Grace of **Rotary Birkenhead** about how they have turned around their aging membership with innovative ideas especially in a COVID dominated year. They realised their core membership were all friends so set about making sure that new members became friends as well to encourage retention. They promoted flexibility in attendance and changed their meeting structure to be more member friendly with a combination of zoom meetings for those who could not attend; zoomed-in host speakers; and the recording and live streaming of meetings. They also mixed up their meetings each week and over a four week cycle they have one guest speaker; a planning meeting; a social meeting (dinner, walk or coffee tasting are examples); and a visit to a local business. They also have YASS membership information nights for recruiting new members.

As with every other district conference, we had a presentation from our Rotary Youth Exchange (RYE) students. Normally there would be representation by 12 to 15 students but a reduction in the number of clubs willing to sponsor, and COVID has reduced this number. After hearing from the Alumni and 2020 students, it inspired us to think about the re-establishment of this programme within our own club.

Sourced from the Rotary Kerikeri bulletin

Paul Harris Fellows

Governor Elaine took the opportunity of the conference to present Paul Harris Fellows recognitions from the District.

Paul Harris Fellow recognition was established in 1957, in honour of Rotary's founder, to express appreciation for a contribution of US$1,000 to the humanitarian and educational programs of The Rotary Foundation of Rotary International.

A Paul Harris Fellow is one of the highest recognitions a District, or an individual Club, can autonomously present to a member of the community to honour them for their contribution to society.



Dr Marie Doole - in recognition of her work in raising awareness of biodiversity loss and the sustainable management of New Zealand's resources.



Peter Fraher - in recognition of his leadership at Abilities Group, creating near-normal working conditions for disabled employees whilst diverting environmentally damaging items from landfill to legitimate downstream processors.



Sheridan Waitai - in recognition of her leadership in Ngati Kuri's environment focus for its land, ocean and people. Her PHF was presented by PG Jerry Norman (Ngati Kuri kaumatua and her uncle)



Charlie Thomas - in recognition of her passion for the ocean and her proactive approach to be involved in ocean restoration.



Dr Malvindar Singh-Bains - in recognition of her work in the field of brain research and for the Huntington's Youth Organisation. Her PHF was presented by Peter Gareja, President of Rotary Dargaville who is also Malvindar's past Principal and current Chair of Parkinson's New Zealand.



Hannah Stoddart (Next Generation Rotary Milford) received a sapphire Paul Harris Fellow for her involvement at the district level in South Pacific Presidents Elect Training, District Conference and leadership of the Seabin project

Conference Perspective

New Rotarian

My first Rotary Conference can be easily summed up by the Conferences three themes: People. Passion. Sustainability.

After only two weeks of 'formally' being a member of Rotary Westhaven, it was a 'not to be missed' opportunity to get to know people from my own and other clubs – even if it meant my debut was in a yellow high vis! People and passion are the strength of volunteer clubs and this was no better demonstrated by recognising and acknowledging the many past Governors on our Conference stage, during the opening speeches.

What struck me was the passion Rotary members have. We heard about projects being driven by passionate clubs from the restoration of the Waitakere Hospital pond, Clare's project to restore water supply to earthquake damaged communities of Nepal to Dr Malvindar Singh-Bains' unwavering passion to understanding and un-locking brain health. The concept of sustainability was equally woven through all the presentations with Dr. Maire Doole talking about Ministry for the Environment (MfE) initiatives to address waste in NZ, an impassioned presentation from Ocean Conservationist Charlie Thomas about her experience on Kure Atoll and hearing from our Next Rotary Generation colleagues embarking on a sea bin project for Milford Marina.

If it's been a while since you've been to the Rotary Conference, it's time to reconnect and be inspired and enthused by our clubs' diversity of people, passions and projects! See you next year!

He tangata. Te ihi. Toitu te Ao.

~ Anna Wallace (Rotary Westhaven)

Veteran Past District Governor (PDG)

It is now 24 years since my own District Conference, so plenty of D9910 Conferences have occurred since. Thus, I have an abundance of conferences (both ours and other Districts) on which to make a comparison with this year's event.

I must admit, that with Covid-19 related interruptions and other challenges which Rotary in general is facing, I did not have high expectations. However, how pleasantly surprised Beverley and I were at the quality and appropriateness of the programme – especially the very high standard of speakers as well as project presentations.

The video presentations of RI President, Holger Knaack, Zone 8 RI Director, Jessie Harman and PRIP/ TRF Trustee Ian Riseley, were all probably as good, if not better, than if they had been there in person. This also applied to the videos from Norfolk Island, Port Vila, Santo and New Caledonia. Hence, Covid-19 restrictions were cleverly converted to a bonus.

These very effective videos were only surpassed by an astounding line-up of quality speakers who came from both our own 'home grown' speakers to top quality and expertly selected guest speakers. These started off with a very appropriate and polished presentation by Governor 9970 Mark Yaxley who represented the other current NZ District Governors.

DG Mark gave DG Elaine the lead in to 'Honour Our Past' by calling onto the stage all D9910 Past Governors and their partners. It was pleasing to see the stage full to capacity, indicating enthusiastic support for DG Elaine and our District.

The 'in person' club presentations from about eight different clubs from within our District – were all of a very high standard and very well received. However, the highlight of this Conference must be the outstanding guest speakers we were privileged to listen to – they were outstanding!

The 'icing on the cake' was D9970 Governor Mark Yaxley's 'Conference Wrap-Up'. Apart from giving a very polished speech, he had photos of most aspects of the Conference, including Sunday's sessions, on his I-Pad and displayed them on the large screen as he delivered his summary!

I have to say the 'whole show' was skilfully crafted by DG Elaine (ably assisted by partner PDG Peter Garnett) and complimented by an excellent MC Diane Robertson. As I said to DG Elaine (with tongue in cheek) 'it was the second best D9910 Conference I have been to'!!

~ PDG David Oliver (1996-97)

Pre and Post Conference

Obviously conferences take a bit of pre-work. There are team meetings, venues to find, sponsors to locate etc, etc.

The day before name badges are created (photo 1 & 2) and contents for registration bags prepared (photo 3).

The Governor car (and others) get packed up with all the possible items you could need (photo 4 & 5) and then unloaded at the venue (photo 6).

And what does a Governor do afterwards? Well they have a cocktail (photo 7) followed by a cuppa (photo 8) and the next day walk up Flagstaff Hill (photo 9) to look back at the conference venue and the next weekend they are 'relaxing' in Hanmer Springs (photo 10)

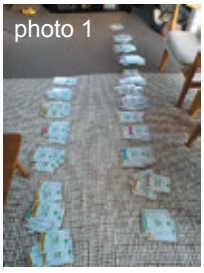
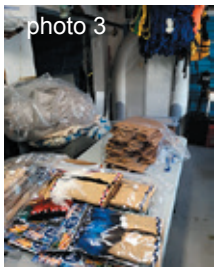

photo 1


photo 2


photo 3

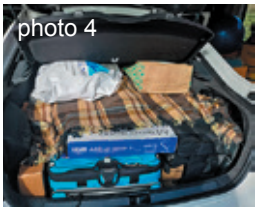

photo 4



photo 5


photo 6


photo 7


photo 8

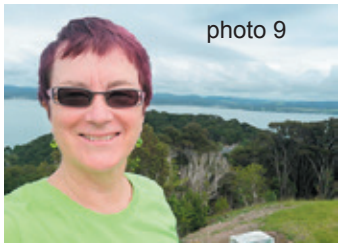

photo 9


photo 10

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Zane Grey's
Restaurant and Bar

FULLERS GreatSights

District Diary

24-30 April	World Immunisation Week
28 April	Mana Tangata books shipped
30 April	Rotary Browns Bay Sound of Music
	Sing-a-long fundraiser
1 May	Hollywood Glamour Fundraiser
	Rotaract North Auckland birthday (chartered 2019)
	Rotary Waitakere - stream clean up (TBC)
2 - 8 May	Rotary Youth Leadership Award (RYLA)
4 May	Rotary Kaikohe birthday (chartered 1954)
5 May	Area 4 & 5 Presidents' meeting
	Rotary Dargaville - planting with Selwyn Park School
7 May	RYLA Dinner
8 May	Rotary Takapuna - E-Waste collection
13 May	Rotary Kerikeri birthday (chartered 1978)
	Rotary Milford Golf Tournament
15 May	RDU copy deadline for next month's magazine
17 May	Rotary Norfolk Island bday (chartered 1973)
20 May	Rotary Birkenhead bday (chartered 1957)
	Rotary Dargaville - Thanks Evening & Citizen's Award
21 - 23 May	D9930 Conference
23 May	Deadline for content to Governor Newsletter Editor
25 May	Rotary Waitakere birthday (chartered 1970)
26 May	Rotary Auckland Korean Fundraising dinner
28 - 29 May	Model United Nations Assembly (MUNA)
29 May	Club Leaders Seminar
30 May	D9910 Board meeting
	D9910 District Management Meeting
31 May	Rotary Whangaparaoa birthday (chartered 1988)
	Zone 8 Video Clip Competition Deadline

Events

Events in the district can be found on the district website at the following link ***District 9910 Diary***
- clubs who want their events here should send information/ flyers to District Administrator, ***district9910@gmail.com***

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District 9910 Governor Changeover

Rotarians, friends, and family are warmly invited to attend the District 9910 Governor Changeover as Governor Elaine Mead hands over the Governor chains to incoming Governor Grant Smith.

This special celebration will be held on Saturday 26th June 2021 from 10.00am to 12.30pm at the Orewa Arts and Events Centre, 80 Riverside Road, Orewa.

Bubbles, tea, coffee, juice, and a light morning tea will be provided. Cost $15.00 per person.

Please RSVP to Sarah Smith by e-mail at china.blue@me.com and deposit your payment into Account number 03-1322-0011559-00. Please use your surname and club name as reference when making payment.

After the celebration take the opportunity to "support local" in Orewa at the local beachside cafes and shops, or take a lovely walk along Orewa Beach.

We look forward to welcoming you.

Rotary District 9910

YOUR INVITATION TO
District 9910 Governor ChangeOver

Rotarians, family & friends are warmly invited to attend this special celebration





DATE: Saturday 26th June 2021
TIME: 10.00am to 12.30pm
VENUE: Orewa Arts & Events Centre
80 Riverside Road, Orewa
COST: $15 per person
PAY TO: Acct #: 03-1322-0011559-00 Please use your surname and club name as reference when paying online.
RSVP: E-mail: china.blue@me.com
by Friday 19th June

Bubbles, tea, coffee, juice and a light morning tea will be provided.

'Support Local'
Local beachside cafes, shops and Orewa Beach are nearby to enjoy with your friends in the afternoon.

Rotary District 9910 | SERVE TO CHANGE LIVES

Club Leaders' Seminar

Governor-Elect Grant Smith and the District Leadership team invite you to attend a Club Leaders' seminar designed to help you prepare for the new Rotary year ahead.

For our overseas members please be advised that all sessions will be facilitated in English.

Also known as "District Training Assembly" or "Leader-Elect Training Session" - the purpose is 'to inform, motivate and educate incoming club leaders and Rotarians within the District so they understand their responsibilities and are prepared for their term of office.'

Date	29th May 2021
Venue	Zoom Meeting from the comfort of your armchair
Time	09:00 Start - 12:00 Finish
Attendees	Incoming club leaders and any interested club members

There is no cost to clubs or attendees for this seminar. Please be advised that you will require a device, with adequate internet connection to join these sessions.

More information including the final programme and Zoom link will be sent at a later date.

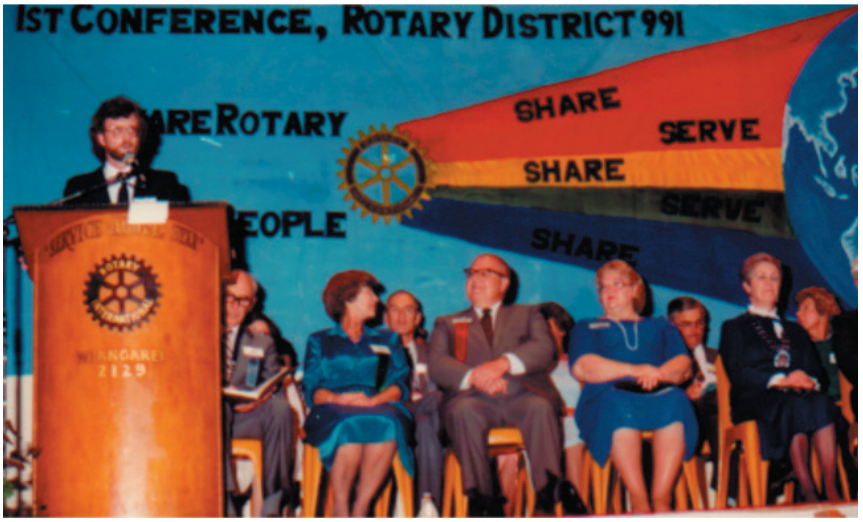
We look forward to seeing you and your team on the 29th of May 2021 and working with you on preparing for the new Rotary year.

Blast from the Past

The first conference of the new District 991 under Governor Ron Trotman was held at the THC Waitangi in 1984.

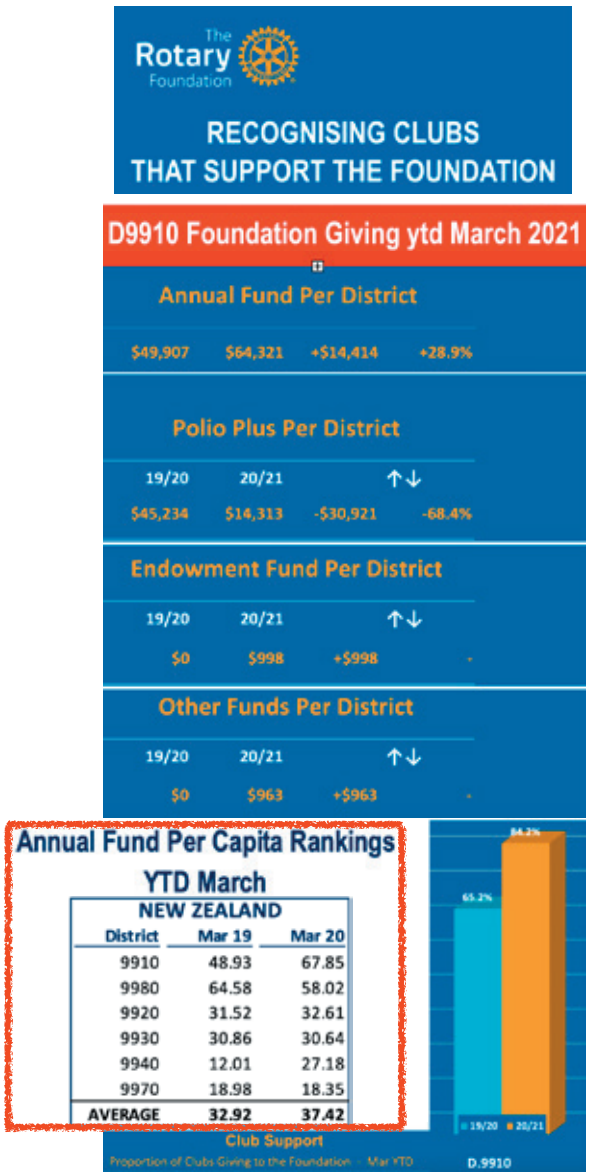
At the lectern (provided by Rotary Whangarei) is MC David Brown (New Lynn).

The RI President's Representative was Cliff Dochterman (front row 3rd from left) who went on to become RI President 1992-93.



"Photo contributions to 'Blast from the Past' can be sent to ***rotarynewsletter9910@gmail.com*** *with short descriptive caption"*

The Rotary Foundation



Centenary Centurions

In April and June Rotary marks 100 years of service in Australia and New Zealand. What better way to celebrate than by becoming a 'Centenary Centurion'!

Centurion is a district program that encourages all members to give $100 or more—in local currency—to the Foundation's Annual Fund each year.

If you're not already a Centurion, why not become a Centenary Centurion now by advising your Club Foundation Chair of your pledge and making a $100 contribution. And if you're already a Centurion, just make sure to fulfill your $100 pledge soon and you'll be a Centenary Centurion too.

This is also the perfect time to make your club a Centenary Centurion Club, with 100% of members becoming Centurions!

In our centenary year, many people in our communities face enormous challenges. The need for Rotary has never been greater. You can be confident that your Centurion contribution will empower a Rotarian with a great idea to deliver a high impact project that provides a better life to people in need.

Contributions should be sent to : Rotary District9910 Foundation Centurion Account 01-0125-0146572-02

Please ensure you advise your Club and name.
To date 191 Rotarians have contributed $22406.78 to the Centurion Fund this Rotary year. There is still time to contribute so please consider the Centurion programme.

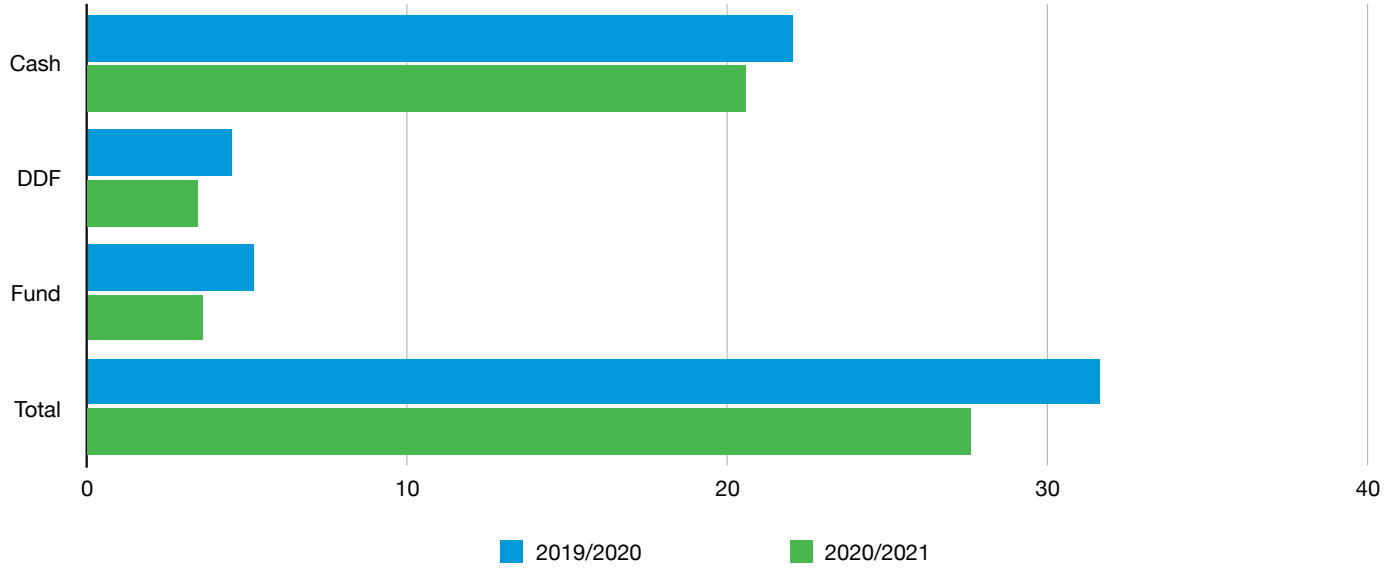
David Oliphant - Centurion Co-ordinator
District Governor 2017-2018, Centurion Coordinator 2018-2020
Ph 027 607 3835 Email: ***doliphant.rotary@gmail.com***
PO Box 21402, Henderson, Auckland, NZ 0650

CELEBRATING 100 YEARS



Polio Update

Rotary Foundation Comparisons for 2019/20 vs 2020/21 (All Figures in $USm)



	2019/2020	2020/2021
Cash	22	21
DDF	5	4
World Fund	5	4
Total	32	28

Salient Points:

- The Progressive Fund Raising Totals are still lagging some FOUR MILLION DOLLARS (US) behind the same time last year value. We still have time to correct this ,BUT, we must act NOW to allow Donations to be cleared by June 30th 2021.
- World Immunisation Week 24-30th April.
- Rotary International's Annual Goal is US$50m to qualify for full Gates Foundation Match of US$100k.
- ONLY 45 of all Clubs around the World have contributed to the Polio Eradication Initiative so far this Year.
- Out of 530 Districts, only 119 have contributed the suggested 20% or more DDF to Polio.
- Only 176 Clubs have made a contribution to the Polio Campaign.
- If we do not reach our Fundraising Goal of US$50m by June 30, the Gates Foundation match will diminish accordingly.

Chenery Trusts' support for Rotary Projects

The March District Newsletter included a story about the maternity chairs provided for the North Shore Hospital by Rotary East Coast Bays and Rotary Browns Bay. The story focused on the contribution The Rotary Foundation District Grants made for these projects by both clubs.

What was not acknowledged in the story was the funding support which has been provided by the Chenery Trusts for a number of club projects in our District, in this instance the Rotary East Coast Bays maternity chair project. For many years the North Shore Hospital has been the major beneficiary for the annual Rotary East Coast Bays charity golf tournament. Rotary East Coast Bays gratefully acknowledges the funding received from the Chenery Trusts, which has significantly contributed to the projects the club has undertaken to provide important health and support equipment to the North Shore Hospital.

The Chenery Trusts consist of the following – the Chenery Memorial Trust and the Lois Dalley and June Gray Charitable Trusts. The purpose of the Trusts is to assist Charitable Organisations, Schools, Sporting and Cultural bodies, including Rotary and other Community based organisations with financial subsidies and support for Community based projects across New Zealand. The Trusts do not fund any costs relating to domestic or International travel. Neither do the Trusts fund projects outside New Zealand.

The trusts may be available to assist with individual Rotary Club projects with $1 for $1 subsidy payments for projects in New Zealand. The total amount available from the Trusts for any one project is usually limited to $3,000.

Send applications and enquiries to: ***charities@cglord.co.nz*** Please note the Chenery Memorial Trust and the June Gray Charitable Trust meet early in the months of March, June, September and December. The Lois Dalley Charitable Trust meets early in March and September each year.

Rotary Opens Opportunities



Registration is open! Don't miss your chance to connect with Rotary members at the ***2021 Virtual Convention: Rotary Opens Opportunities*** which will take place over 12 - 16 June 2021.

Enjoy a special rate of $49 through 7 May 2021. After that, the registration fee is $65.

You can also join us early at a preconvention, 10-11 June, for Intercountry Committees, Rotaract, and Rotary Youth Exchange officers. Each preconvention will cost an additional $20.

The 2021 Virtual Rotary Convention and preconventions are open to all Rotary members and participants and include access to the virtual House of Friendship.

Don't forget to visit the ***convention event page*** on Facebook to connect with others and stay up-to-date on event news and program highlights!

Register Now

Register today and save!

Rotary Supporting Abilities

Get rid of your E-Waste, electrical appliances, batteries, polystyrene, cardboard.

A drop-off on Saturday **8th May 2021** at Abilities premises 91 Hillside Road, Glenfield between 10am and 12pm midday has been organised by Takapuna Rotary.

Please gather items from family, friends, neighbours, and bring along a boot, car or trailer load. Note that many of these items usually cost between $5 and $20 to dispose of at Abilities or other commercial depots. To make it easier on the day, and to recognise Rotary's commitment to Abilities, we only ask that you pay **$10 per boot load, $20 for a car load** and **$50 for a trailer load**.
Abilities will also securely destroy a hard drive in your computer if you require this.

If you have any questions please ring Geoff Pownall, 021 669 132 or Peter Fraher (027) 229 2250

Abilities Group

E-Waste Recycling

Abilities Group recycles e-waste (anything electrical or electronic)

TV's, computers, keyboards, laptops, servers, UPS, phones, mobile phones, printers - anything electrical that has reached the end of its life for is obsolete



We also carry out:

- Confidendtial document and data destruction
- Hard drive shredding
- Assembly work
- Shrink wrapping
- Labelling
- Mechatronics - loom, cabele & control panel
- Polystyrene & cardboard recycling

* Recycling consulting and more...

Saving Power



There are many useful tips that we sometimes don't acknowledge. Again a little goes a long way and in this case, cost cutting tips can save you up to 30%! Something very re-assuring leading into the winter months.

We know in the comforts of our own home that we all get a little lazy, leaving the light running in rooms that are not in use, keeping computers, electronics, dishwashers and microwaves switched on at the wall when not in use.

A good tip is to try to do everyday tasks after the peak power time, which includes laundry, dishwasher and charging of technology. By simply not leaving things plugged in all day and trying to get 100 % charge, can slowly build good habits and thus further savings on household expenditure
Another good technique in terms of retaining heat, is insulating the effects of the sun rays, but getting the most out of the day, simple closing the curtains and closing doors and windows once the sun goes down. Then try to limit the amount of time you spend heating the house and use the heat as a luxury. When it comes to drying clothes and falling asleep in front of the heater, by limiting the use you can also build better habits toward wellbeing.

Also we have found lately those living busy lives; we sometimes forget to communicate in the pursuit of independence. However in house sharing situations it's nice to do all the laundry in one load, which means not having to do the laundry once a week, each person doing their own separate load. Working together with family and flat mates can easily bring down your on-going expenses and also shows that we can work together for the greater good.

Other tips for saving power around the house include, turning your hot water cylinder down or finding the optimum temperature to run it. Covering pots and pans in the kitchen, pre heating ovens for when you actually need to use it, also defrosting your fridges and freezers so that they run more efficiently, which will help regulate the quality of produce and freshness. Cleaning grills and filters regularly is a must in order for appliances to perform more efficiently and sustainably.

There are many ways to save power and also expenditure this winter; these are only a mere few that can help. We understand in these times families are facing more hardship, anything that could help people out with budgeting and cost cutting is really important, so go on, get out there and tell your families, friends and neighbours, let's all work together to keep our communities together.

Volunteering in local driving mentor programme brings delights for all



Murray Neighbour of Rotary Whangarei South has been volunteering as a driving mentor at People Potential for about 14 years and he finds this gives him a lot of satisfaction. “When you start with a person who has no driving experience and help them gain the first steps in being able to drive as a learner, you share in their delight” says Murray. “There are often challenges but the driver and I both learn from these and we are able to progress to the next level”.

People Potential is passionate about helping students and the community gain their licences at their campuses in Whangarei, Dargaville, Kaikohe, Papakura and Hamilton. Their Mentor Driving Programme helps students achieve a Restricted and Full driver licence free of charge when they study with the education provider.

“As the students gain confidence and competence in the skills of driving, we know we are helping to make our roads safer” Murray added. “If you have some spare time, help make a difference in another person’s life and become a mentor in this programme.”

To learn more about the People Potential driving programme, contact Te Awhi on 0800 FOR A JOB.

Rotary Maungaturoto and Districts - Driver Mentoring Scheme

For some time our club has been aware that there were a number of people in the community who had their Learner’s licence but had not progressed any further.

In late 2018, Past President Alex Tetzner approached Roadsafe Northland to see what could be done to alleviate this situation. With their support and proceeds from signwriting the car, we were able to purchase our first vehicle, a Holden Astra. We needed an umbrella group to work under, so that was Te Roroa in Dargaville.

Six of us (Rotarians and members of the community) undertook a one day training to enable us to be mentors.

Each student is given approximately 12 one-hour lessons but they are also told that they must endeavour to drive outside these times to meet their 120 hour driving goal. Most of our initial driving is around the Maungaturoto area and then we extend to Mangawhai where there are more opportunities to meet the criteria – e.g. median strips, traffic islands, traffic etc. Prior to sitting their restricted, the students are given at least two sessions in Whangarei so they know what to expect under testing conditions. I have been able to go with several students when they have sat their licence so know roughly the expectations of the testing officers. In actual fact, each student can receive approximately 25 hours tuition (mainly because of our rural position.)

The current four mentors each have a day they are available and students are allocated as to both their own availability as well as the mentor.

During the past two years we have averaged an 80% success rate and so far this year, of the five students who sat, four have passed, so we have been able to maintain that effort.

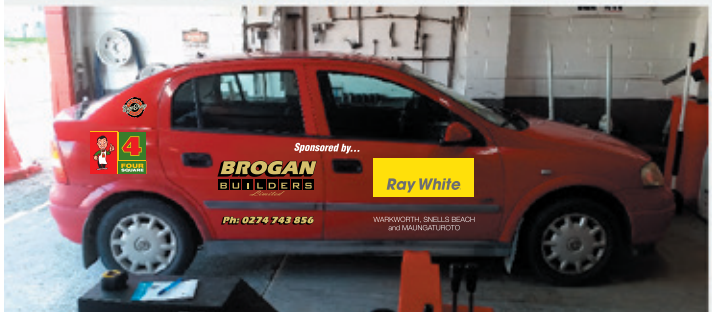
As the original car has been retired, we have purchased another vehicle, with the help of Roadsafe and two Rotarians. This is a Mazda Demio. We are just waiting on it to be signwritten.

Early this year Te Roroa wound up so we are now under the umbrella of People Potential in Whangarei. With them we will continue to receive all the support we need, especially in the way of training and resources.

This continues to be a well used service and we look forward to assisting many more people, young and old, to become legal drivers, especially when taking passengers.









Eileen Parsons

Paul Harris Fellow (PHF) for Pearl Newman

(RSE Programme Coordinator, Northland)



Road Safety Education Ltd (RSE) is a not for profit Organisation committed to providing evidence based road safety Education that supports the development of a road safety culture across the generations.

At the heart of the Programme lies RYDA (Rotary Youth Driving Awareness) — a School partnership which supports Teachers on the journey as they provide their Students with the tools and understanding they need to see themselves as active, responsible road citizens. RYDA features a six segment highly engaging and memorable one-day workshop which front-loads Students' understanding of road safety and gives them the tools, habits and motivation to take action and stay safe on our roads , both as a driver and as a passenger throughout their lives.

The RYDA Programme has been part of the scene here in our District for almost 12 years now.

Pearl Newman, as Programme Coordinator, Northland for RSE, has been the driving force for the best part of the last 10years.

As Pearl steps aside this year as Programme Coordinator, it was only fitting that all the effort and co-ordination she invested in the Programme over this length of time was recognised.

In Rotary there is no better way of marking this than presenting Pearl with a PHF recognition.

PDG Peter Smith of Rotary Whangarei presents a surprised Pearl Newman with her well deserved PHF at Semenoff Stadium Whangarei, Well done Pearl.

PI Tip -Partnership Charities

Make the most of opportunities to partner with an established charity. It often gives you the chance to share your Rotary story with fellow service-minded individuals as well as aligning your club with a brand that resonates with the public. Well done to Rotary Milford for their recent support of the Red Puppy Collection that saw them collect $4,246 for Blind Low Vision NZ.

Jenna Tuuta
Rotary East Coast Bays ***pichair9910@rotaryoceania.zone***



Do you have a Rotary Centenary story or project?

We are desperately looking for stories to share in the May and June District Newsletter of how clubs in Rotary District 9910 have celebrated 100 years of Rotary in New Zealand.

As you may know, April and June 2021 mark 100 years since Rotary Clubs were created in Melbourne, Sydney, Wellington and Auckland which led to more Rotary and Rotoract clubs everywhere across Australia, New Zealand and the Pacific Islands. Clubs around Australasia have been running projects to highlight and celebrate the milestone.

Please send your stories and the projects you have done to Public Image Chair Jenna Tuuta at ***pichair9910@rotaryoceania.zone***

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District Directory

District Directory can be found on the district website at the following link
District 9910 Directory

Soap For Vanuatu

Thank you to all those who have gifted soap to support children in Vanuatu which will be packed and sent via shipping container thanks to Rotary Kerikeri. Stay tuned to see the impact of your generosity in next month's newsletter.

Didn't get a chance to gift soap?

You can contribute financially into the District 9910 Vanuatu Projects Account: 12 3109 0122080 05 Reference: SOAP

Please contact Vicki Douglas ***vickidouglas@xtra.co.nz*** or Liz Webb on 0273568433 / ***webbonponga@xtra.co.nz*** with any queries.



Children in a remote village near Yasur volcano on Tanna Island, Vanuatu (25 March 2021)









Rotary Birkenhead
rotarybirkenhead.org.nz

cure kids
big research for little lives
curekids.org.nz

Rotary is helping Cure Kids fight rheumatic heart disease. Join us to end it now.

For some children, a sore throat is nothing significant. For others, it can lead to rheumatic fever, debilitating rheumatic heart disease and premature death.

New Zealand and Australia are the only developed nations to have a high incidence of rheumatic fever. It affects predominantly Maori and Pacific children aged 4–19 years. Maori children are 30 times and Pacific children 50 times more likely to get rheumatic fever than European children.

Cure Kids recently committed $3million for research projects to help eradicate this disease. Rotary is proud to partner with them to raise some of these much needed funds.

RHEUMATIC FEVER KILLS, ON AVERAGE, 130 NEW ZEALANDERS EVERY YEAR

It is time to enditnow.org.nz in New Zealand

- Rheumatic fever is an insidious, autoimmune disease that can develop following a bacterial Group A Streptococcus throat infection.
- It can cause inflammation of the heart, joints, brain and skin.
- When the inflammation associated with rheumatic fever causes damage to the heart, rheumatic heart disease occurs, a permanent, debilitating condition.

For more information about how your Rotary Club, your business or you personally can support this initiative, please contact ***enditnow@rotarybirkenhead.org.nz*** or donate direct to Rotary Club of Birkenhead Charitable Trust account 12-3035-0707763-02.



MATT JOHNSON: HIS STORY

Matt Johnson, like many young New Zealanders, had a sore throat, but he was unaware of the potential impact it could inflict on his body.

An unexpected hospital visit, after a knock to the head while playing rugby, led to a concussion check which revealed much more... damage to his heart. Potentially saving his life, the hospital check detected a heart murmur, and further investigation revealed his heart was twice the size it should have been.

Rheumatic fever from that sore throat had damaged his heart's valves, rendering it unable to drain blood properly. This is how, at just 13 years old, Matt Johnson came to need his first open heart surgery and his journey to survive started.

For Matt Johnson, rheumatic heart disease cut short his rugby playing dream and came close to ending his life. Left untreated, rheumatic fever and rheumatic heart disease, can be fatal or lead to lifelong consequences.

Last year the former Blues player underwent his third open heart surgery — 19 hours long, in a coma for six days and fighting for his life. Playing rugby is no longer an option but Matt feels lucky to be alive and will work tirelessly to make sure others are not inflicted with this insidious disease, New Zealand's national shame.

"Rheumatic fever is the disease New Zealand shouldn't have" - Prof Michael Baker

Prof Michael Baker in 'We have totally failed': Rheumatic fever: The Third World disease entrenched in New Zealand, 23 August 2020, stuff.co.nz

Rotary Club of Milford Community Charitable Trust



Huapai GOLF CLUB



Milford New Zealand

We are back on track !

Annual Charity Golf Tournament

Thursday, 13th May 2021 Huapai Golf Club

Venue:	Huapai Golf Club.
	1261 Coatesville-Riverhead High Way.
Format:	Ambrose Tournament. Teams of 4
	Plus ….Dinner & After Match Function

For confirmation of your Entry or to add more teams contact:

TONY COSTELLO tony@sanzi.co.nz

Phone: 021 323190

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The Rotary Club of Milford supports many different Charities and causes on the North Shore, including Wairau Valley Special School, Shine (Women's Refuge) De Paul House, Kai 4 Communities and many others. Your participation greatly assists us in continuing with our donations. Thank you.